



Since its establishment in 2018, Reform Athletica has been on a mission to minimise the use of one-time plastic. As a Blue Verified organisation for being plastic free by Oceanic Global, we have always sought to do our bit for the environment. RAfresh as a new venture for us has now partnered up with OneTreePlanted where a percentage of each purchase will go towards the planting a tree and offsetting our environmental impact.



ONETREEPLANTED

SMOOTHIES

CRIMSON CRUNCH (313 Calories) SAR 41

Banana, raspberries, chia seeds, vanilla protein, almond milk

A BERRY GOOD MORNING (355 calories) SAR 41

Banana, dates, PB, berries, almond milk, vanilla protein, oats

THE PPP (POST PM PICKUP) (391 calories) SAR 39

Banana, dates, espresso shot, almond butter, oat milk, chocolate protein, sea salt

I AVO DREAM (THE M.L.K.) (417 calories) SAR 41

Banana, dates, avocados, almond butter, matcha, spinach, chia seeds, almond milk, vanilla protein

GET YOUR PB (421 Calories) SAR 41

Digestive, date, banana, oat milk, peanut butter, vanilla protein

Premium Smoothie Additions +SAR 5

- bee pollen
- flax seeds
- spinach
- collagen
- spirulina
- chia seeds

Fresh Juices

GREEN DETOX (149 calories) SAR 41

Cucumber, apple, kale, ginger, mint

IMMUNY C (246 calories) SAR 41

Orange, carrot, ginger

BEET THE HEAT (235 calories) SAR 41

Beetroot, orange, kale, apple, carrot, ginger

CELERY JUICE (100 calories) SAR 35

Celery

COFFEE

Iced Coffee also available please ask.

Espresso	SAR 12
Cappuccino	SAR 25
Latte	SAR 28
Flat white/Cortado	SAR 25
Americano	SAR 20
V60	SAR 32
Matcha Latte (cold/hot)	SAR 32
Strawberry Matcha	SAR 37

TEAS

Iced Teas also available please ask.

English Breakfast	SAR 20
Peppermint	SAR 20
Chamomile	SAR 20
Vanilla Rooibos	SAR 20

DAMMANN
FRÈRES

Alternative milk options +SAR 5

* all our cups are fully biodegradable in accordance with the conditions of the International Biodegradable Products Institute for Compostable Products.

** Bring your own cup and get SAR5 off your own drink.

REFORM ATHLETICA





FRESH

