



Since its establishment in 2018, Reform Athletica has been on a mission to minimise the use of one-time plastic. As a Blue Verified organisation for being plastic free by Oceanic Global, we have always sought to do our bit for the environment. RAFresh as a new venture for us has now partnered up with OneTreePlanted where a percentage of each purchase will go towards the planting a tree and offsetting our environmental impact.



ONETREEPLANTED

SMOOTHIES

STRAWESOME (452 Calories) AED 34
Strawberries, coconut milk, vanilla protein, flax seeds, coconut oil, date

A BERRY GOOD MORNING (355 calories) AED 34
Banana, dates, PB, berries, almond milk, vanilla protein, oats

THE PPP (POST PM PICKUP) (420 calories) AED 32
Banana, dates, espresso shot, almond butter, oat milk, chocolate protein, sea salt

I AVO DREAM (THE M.L.K.) (428 calories) AED 34
Banana, dates, avocados, almond butter, matcha, spinach, chia seeds, almond milk, vanilla protein

GET YOUR PB (430 Calories) AED 34
Digestive, Date, Banana, Oat Milk, Peanut Butter, Vanilla Protein

Premium Smoothie Additions +AED 5

- bee pollen
- flax seeds
- spinach
- collagen
- spirulina
- chia seeds

Fresh Juices

GREEN DETOX AED 36
Cucumber, apple, kale, ginger, mint

IMMUNY C AED 36
Orange, carrot, ginger

BEET THE HEAT AED 36
Beetroot, orange, kale, apple, Carrot, Ginger

CELERY JUICE AED 30
Celery

COFFEE

Iced Coffee also available please ask.

Espresso AED 10
Cappuccino AED 25
Latte AED 28
Flatwhite/Cortado AED 25
Americano AED 20
Matcha Latte (cold/hot) AED 32
Strawberry Matcha AED 37

TEAS

Iced Teas also available please ask.

English Breakfast AED 20
Peppermint AED 20
Chamomile AED 20
Vanilla Rooibos AED 20

DAMMANN
FRÈRES

Alternative milk options +AED 5

** all our cups are fully biodegradable in accordance with the conditions of the International Biodegradable Products Institute for Compostable Products.*

*** Bring your own cup and get AED5 off your own drink.*

REFORM ATHLETICA



AR
FRESH

