



Since its establishment in 2018, Reform Athletica has been on a mission to minimise the use of one-time plastic. As a Blue Verified organisation for being plastic free by Oceanic Global, we have always sought to do our bit for the environment. RAfresh as a new venture for us has now partnered up with OneTreePlanted where a percentage of each purchase will go towards the planting a tree and offsetting our environmental impact.



ONETREEPLANTED

SMOOTHIES

CRIMSON CRUNCH (313 Calories) AED 36
Banana, raspberries, chia seeds, vanilla protein, almond milk

A BERRY GOOD MORNING (355 calories) AED 36
Banana, dates, PB, berries, almond milk, vanilla protein, oats

THE PPP (POST PM PICKUP) (391 calories) AED 34
Banana, dates, espresso shot, almond butter, oat milk, chocolate protein, sea salt

I AVO DREAM (THE M.L.K.) (417 calories) AED 36
Banana, dates, avocados, almond butter, matcha, spinach, chia seeds, almond milk, vanilla protein

GET YOUR PB (421 Calories) AED 36
Digestive, date, banana, oat milk, peanut butter, vanilla protein

Premium Smoothie Additions +AED 5

- bee pollen
- flax seeds
- spinach
- collagen
- spirulina
- chia seeds

Fresh Juices

GREEN DETOX (149 calories) AED 36
Cucumber, apple, kale, ginger, mint

IMMUNY C (246 calories) AED 36
Orange, carrot, ginger

BEET THE HEAT (235 calories) AED 36
Beetroot, orange, kale, apple, carrot, ginger

CELERY JUICE (100 calories) AED 30
Celery

COFFEE

Iced Coffee also available please ask.

Espresso	AED 10
Cappuccino	AED 25
Latte	AED 28
Flat white/Cortado	AED 25
Americano	AED 20
Matcha Latte (cold/hot)	AED 32
Strawberry Matcha	AED 37

TEAS

Iced Teas also available please ask.

English Breakfast	AED 20
Peppermint	AED 20
Chamomile	AED 20
Vanilla Rooibos	AED 20

**DAMMANN
FRÈRES**

Alternative milk options +AED 5

* all our cups are fully biodegradable in accordance with the conditions of the International Biodegradable Products Institute for Compostable Products.

** Bring your own cup and get AED5 off your own drink.

REFORM ATHLETICA





FRESH

